

GREENBELT RECREATION

2021 SPRING ACTIVITY GUIDE



Quarterly guide to Greenbelt Recreation
Activities, Classes, Facilities, and Programs.

Visit us at www.greenbeltmd.gov/recreation
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MOONLIT MOVIES

**Braden Field, Behind the Youth Center
Fridays, April 2 - May 28**

Outdoor movies have been a tradition in Greenbelt since 2014, and this year they will be a safe, fun way to get back to the movies! Greenbelt Recreation and Old Greenbelt Theatre will feature family fun films. Please visit the [Greenbelt Virtual Recreation Center](https://www.greenbeltmd.gov/recreation) for more information.

This is a partnership of the City of Greenbelt and Old Greenbelt Theatre.

Greenbelt Recreation
Business Office, 99 Centerway
301-397-2200
www.greenbeltmd.gov/recreation



SPECIAL EVENTS

Greenbelt Recreation staff look forward to celebrating the spring holidays with you. Programs will be tailored to the prevailing conditions. Please visit the [Greenbelt Virtual Recreation Center](#) for event information as it is announced.

ONLINE ART SHARES

Meet up with fellow artists on Zoom for a constructive, informal discussion of everyone's work.

Bring 1-3 pieces in any medium. Teens and adults welcome. All experience levels. FREE. [Sign up here](#) to receive the meeting links by email.

Friday, March 19, 7:00pm-8:00pm
Sunday, April 18, 2:00pm-3:00pm
Friday, May 14, 7:00pm-8:00pm
Sunday, June 13, 2:00pm-3:00pm

VIRTUAL OPEN STUDIO TOUR

Sunday, June 6 1:00pm, live on Instagram

Enjoy a friendly visit with the Greenbelt Community Center's Artists in Residence and other Greenbelt-affiliated artists. Fifteen-minute studio visits will be scheduled throughout the afternoon. Several participating artists have work available for purchase and accept commissions. If you are an artist who is interested in hosting a studio visit, [sign up here](#) for more information.



Mary Gawlik in her Community Center studio

ARTFUL AFTERNOONS

As conditions permit, enjoy this series of free, outdoor art workshops.

Social distancing will be maintained, and all participants must wear masks. Pre-registration will be required. [Sign up here](#) for our Artfans email newsletter to receive program updates, registration links, Calls for Artists and more!



SPRAY PAINT ART

Sunday, April 11, 1:00pm-3:00pm

Join Shaymar Higgs from The Space to create your own spray paint art. All materials will be provided. Location TBA. [Sign up here.](#)

SPRINGTIME/MOTHER'S DAY SEED BOMB

Sunday, May 2, 1:00pm-3:00pm

Make a dissolvable seed bomb in the shape of a bird with Gina Denn, Artist in Residence. Wrap it up to give to your mother or mother figure, or place it in your own pot or garden! All materials will be provided. Greenbelt Community Center grounds. [Sign up here.](#)

PAINT OUT PICNIC

Sunday, June 6, 11:00am-12:30pm

Join Artist in Residence Racquel Keller and other local artists and paint a local landscape at Buddy Attic Park. Participants will receive basic painting supplies, but are encouraged to also bring their own painting/drawing materials and a lunch at your option. [Sign up here.](#)

Celebrate Spring with Greenbelt Recreation!

Details TBD. Limited to Greenbelt Residents.

While we will certainly miss our traditional spring events (Annual Egg Hunt and Celebration of Spring), Greenbelt Recreation is excited to develop safe alternatives to deliver the same family fun to our community. Online pre-registration will be required and spaces will be limited. Once established, details will be posted on the [Greenbelt Virtual Recreation Center](#).



SPRING FUN ACTIVITY KITS

Date/Time/To Be Determined

We plan to celebrate Spring this year by providing Greenbelt families with a free Spring Fun Activity Kit. At the publication date of the Spring Guide, the location and date had yet to be determined. Please visit the [Greenbelt Virtual Recreation Center](#) for more details in early April or call 301-397-2200 for more information.

PUBLIC WORKS SPRING SPECIAL EVENTS

Spring provides a great opportunity to gather outdoors.

Mark your calendars for these upcoming events:

Arbor Day: Saturday, April 10

33rd Annual Potomac Watershed Cleanup (via Alice Ferguson Foundation): Saturday April 10

Earth Day: Saturday, April 24

Visit www.greenbeltmd.gov/publicworks
or call 240-542-2168 for more
information as the date approaches.



Pre-School Programs



SPECIAL INTEREST

Contact: Rebekah Sutfin, 240-542-2056,
rsutfin@greenbeltmd.gov

INTERGENERATIONAL AGELESS GRACE **Ages 3+**

Join us for an Intergenerational Ageless Grace class; a class the whole family can enjoy together! Ageless Grace is timeless fitness for the body and brain consisting of 21 simple tools for lifelong comfort and ease. These fun imaginative exercises focus on movement sequences that are natural and playful, practiced in a chair to engage the five functions of the brain and the core. Students always leave class with a huge smile on their faces. Participants need a sturdy chair that they can sit in with both feet on the ground. You will receive an email at least a week before the class begins with the access code for your class.

272219-1 Tu 3:00pm-3:45pm/live on Zoom

11 mtgs: 3/23 - 6/1

R/NR: \$41

Instructor: Karen Haseley

VISUAL ARTS

Contact: Amanda Demos Larsen, 240-542-2062
alarsen@greenbeltmd.gov

PRE-SCHOOL ART EXPLORATION

Each week this class will explore different themes (animal, color, shape, letter) and give instructions for a simple art project. An art supply goodie bag will be provided at the start of the session for each participant for use on the different projects. On Mondays, a demo video by Miss Sally will be available for children and caregivers to watch. This can be viewed throughout the week, and students can explore and create, using this video as a starting point. On Friday at 10:00am, a Zoom meeting will begin with a "share" of what the children have created in the past week. Playdough will be provided for the students to keep fingers moving while we check in with our class. To end our class, Miss Sally will lead the students in an art I-spy game, using paintings by famous artists from around the world with a tie-in to our theme of the week. The studio will provide materials for each project as well as a watercolor tray and brush, play dough, washable markers and glue stick. Families will provide their own scissors, tape, pencils, crayons or other coloring implement, and newspaper or other method of protecting their workspace. **Participants will receive video links and Zoom access information by email.**

223201-1 F 10:00am-10:30am/live on Zoom

5 mtgs: 4/9 - 5/7

R: \$40, NR: \$45

Instructor: Sally Davies





MOM'S MORNING OUT

Pre-School Program is licensed by the Maryland State Department of Education #251208

The winter/spring session will offer a combination of virtual learning and onsite classroom experiences. Children will have the option to meet for onsite learning opportunities (COVID-19 waiver required). Onsite classroom meetings will occur on Tuesdays and Thursdays, if possible. Outdoor classroom experiences will be provided as often as weather conditions allow. Weekly learning packets will be provided and virtual group lessons will be scheduled daily. This hybrid model will offer a traditional preschool program that provides activities that encourage social development, offer beginning reading, math and science curriculum, develop fine and gross motor skills, and encourage lots of fun with peers. Please call 301-397-2200 to receive an email or phone call from our Preschool Director for more details. Student registration packet due before the first day of class. Children must be fully potty-trained before they are eligible to register.

The winter/spring session began in January and ends on May 21.

Registration is ongoing and space is limited!

Program fees will be prorated based on child's start date.

This class meets Monday-Friday:

M/W/F, live on Zoom;

**Tu/Th optional onsite class, YC-Gym or
Outdoor Classroom based on current conditions**

Instructors: Gaye Houchens & Shelley Cooper

JOB OPENINGS COMING SOON!

Want to love going to work everyday?
Job Openings for Summer Camp Staff and
Greenbelt Aquatic and Fitness Center Staff:
Job openings will be posted online in early
March.

**For more information on job openings and
application details:
www.greenbeltmd.gov/jobs**





Elementary & Middle School Programs

HEALTH & FITNESS

YC Contact: Andrew Phelan, 240-542-2194,
aphelan@greenbeltmd.gov

TKA KARATE - YOUTH 232500-1

Ages 5-12

Enhance your current martial arts skills and develop new skills while having fun with instructors from Tompkins Karate Association (TKA). The class offers instruction based in Tang Soo Do Korean karate. Accepting all experience levels, including beginner. All class participants must wear a mask/face covering and maintain physical distancing. Classes will be held outside on Braden Field Tennis Courts. If an on-site class session is cancelled due to weather or COVID-19 precautions, the class will be conducted via Zoom.

M 5:30pm-6:30pm

Braden Field Tennis Courts

10 mtgs: 3/29 - 6/7 (no class 5/31)

R: \$60, NR: \$66



OUTDOOR RECESS

Ages 6-13

Registration is open to Greenbelt Residents only. Greenbelt Recreation is here to improve your e-learner's physical and mental health with our Outdoor Recess Program!! Join us for a variety of outdoor activities to get moving after all that screen time. Pre-registration is required by day/time session, allowing you to pick the days and times that work best for your family. Must register a minimum of 3 hours prior to session time and may not register for a session more than 2 weeks in advance. Registration is also limited to one session per day. All class participants must wear a mask/face covering and maintain physical distancing. A health screening log will also be completed prior to each session. Participants should arrive and depart from the outdoor basketball court adjacent to the Greenbelt Youth Center. All activities will be outdoors, using the areas surrounding the Greenbelt Youth Center.

232604-1 M/W/F 4:00pm-4:45pm

Youth Center Outdoor Court

35 mtgs: 3/22 - 6/11 (no class 5/31)

\$3/class

232604-2 M/W/F 5:00pm-5:45pm

Youth Center Outdoor Court

35 mtgs: 3/22 - 6/11 (no class 5/31)

\$3/class



YOUTH ARCHERY

Ages 8-13

Learn proper safety, shooting techniques, scoring, eye dominance, alignment and hand position from a certified USA Archery Level "3" coach/instructor. All equipment will be provided. Taught on Braden Field 2, directly behind the Youth Center. All class participants must wear a mask/face covering and maintain physical distancing.

232603-1 Tu 4:30pm-5:15pm/BF-2

10 mtgs: 4/6 - 6/8

R: \$70, NR: \$80

232603-2 Tu 5:30pm-6:15pm/BF-2

10 mtgs: 4/6 - 6/8

R: \$70, NR: \$80

232603-3 Tu 6:30pm-7:15pm/BF-2

10 mtgs: 4/6 - 6/8

R: \$70, NR: \$80

VISUAL ARTS

Contact: Amanda Demos Larsen,
240-542-2062

These classes and workshops are designed for individual children or children working cooperatively with parents and guardians. Children should have adult assistance with set up and clean up and an adult should be on hand for the duration of live instruction. Adults are also welcome to register for most activities without accompanying children.

Participants in online classes will receive Zoom links by email. Materials provided by the studio will be available for contactless pick-up via the historic front entrance of the Greenbelt Community Center. Participants will be notified by email when materials are available to be picked up.



GEOMETRY IN ART 233205-1

Ages 6+

New projects! Explore symmetry, tessellations, topology and more through a combination of two- and three-dimensional projects including stamping, painting, and origami. Materials provided. Students will need to provide glue, scissors and a pencil.

M 11:00am-12:00pm; live on Zoom

8 mtgs: 3/22 - 5/10

R: \$65, NR: \$70

Instructor: Leah Cohen

ARTWARD BOUND ONLINE

Workshops for Scouts

Drawing, painting, collage, outdoor art, comics, music and dance! Workshops meet Girl Scout badge requirements. BSA Scouts, Campfire and other youth clubs also welcome.

[View the complete program guide.](#)

For more information or to book a workshop, contact Anne Gardner:
agardner@greenbeltmd.gov



FAMILY ART WORKSHOPS

Ages 6+

BIRDS OF HOPE 233206-1

Create a mixed media sculpture of a Painted Bunting, a rare, brightly colored bird spotted this year in Maryland. We will learn fun facts about the Painted Bunting as we create our sculptures. All ages are invited to participate! No experience necessary.

F 6:00pm-7:00pm; live on Zoom

2 mtgs: 4/9 - 4/16

R: \$20, NR: \$25

Instructor: Rachel Cross

INSECT ZOO 233206-2

Create mixed media sculptures of strange and amazing insects. We'll be learning fun facts about a variety of insects as we create our sculptures

F 6:00pm-7:00pm; live on Zoom

2 mtgs: 5/14 - 5/21

R: \$20, NR: \$25

Instructor: Rachel Cross



CHILDREN'S/YOUTH CERAMIC HAND-BUILDING

Ages 6+

Spring into clay fun! Think spring and we will create functional and sculptural ceramics with your unique and special touch. Pretty flowers, happy bugs, gardening baskets, garden gnomes and watering cans are perfect for this session. You can use what you know about sculpting animals and human figures and add them to your functional pieces, too! Students will receive clay, ceramic tools, ceramic underglazes and a wareboard on loan. Students will provide a water container, a sponge, a ruler, plastic utensils, a plastic bag, and a sock filled with cornstarch. The instructor will provide more information at the start of class.

233208-1 Tu 1:00pm-2:00pm; live on Zoom

8 mtgs: 3/23 - 5/11

R: \$70, NR: \$75

233208-2 Tu 4:00pm-5:00pm; live on Zoom

8 mtgs: 3/23 - 5/11

R: \$70, NR: \$75

233208-3 Th 4:00pm-5:00pm; live on Zoom

8 mtgs: 3/25 - 5/13

R: \$70, NR: \$75

Instructor: Judy Goldberg-Strassler

AFTER SCHOOL ART ADVENTURES

Ages 6+

MINIATURE MOVIE MAKING: MYTHS AND LEGENDS

Where art meets theater. Create your own mini movies using visual and theatrical art! What kind of myths or legends interest you? You can make a mini movie based on your favorite one, but with your own unique twist! Students will learn how to create their own mini movies using puppets and sets they make. Story structure and filming techniques will be taught as well. Each class will have some time for the students to practice performing with their puppets. In the last class, the filmmakers and performers can either show a pre-filmed movie or act out their show live. Students will receive basic puppet and set making materials. Students will provide cardboard recyclables, scissors, drawing supplies and a device for recording.

233607-1 M 4:00pm-5:00pm; live on Zoom

4 mtgs: 4/5 - 4/26

R: \$35, NR: \$40

Instructor: Adam Campanile



POLYMER CLAY

Learn how to make miniature sculptures, beads and other embellishments using polymer clay (Sculpey) and a few simple tools. All skill levels welcome. Children under 10 must have a parent agree to bake their creations in their home oven. Students will receive Sculpey and shaping instruments. Students will need to have access to a baking sheet and conventional kitchen oven.

233607-2 W 4:00pm-5:00pm; live on Zoom

5 mtgs: 3/24 - 4/21 (no class 3/31)

R: \$35, NR: \$40

Instructor: Carol Petrucci

DRAW LIKE YOUR FAVORITE ILLUSTRATORS

This class will bring kids closer to the illustrators whose work they love, while broadening their own rendering skills. Students will follow step-by-step instructions to create drawings and paintings based on popular children's illustrators. Students will need to provide a pencil, eraser, glue, scissors, water container, paper towels and newspaper or other workspace protection. Paint, markers, paper and a paintbrush will be provided.

233607-3 W 4:00pm-5:00pm; live on Zoom

4 mtgs: 5/5 - 5/26

R: \$35, NR: \$40

Instructor: Amanda Larsen

MANDALA PENDANTS



Students will create pendants inspired by traditional mandala designs from Nepal and China. There will be a brief introduction to the wide world of mandalas, followed by lessons to guide you through making a symmetrical design with yarn, embroidery floss, and a circular needlepoint canvas, all provided. Ribbon will be provided for stringing the

pendant. Students will provide their own scissors.

233607-4 M 4:00pm-5:00pm; live on Zoom

2 mtgs: 5/17 - 5/24

R: \$20, NR: \$25

Instructor: Leah Cohen



DANCE

Contact: Angella Foster, 240-542-2067
afoster@greenbeltmd.gov

Our full schedule of dance classes began 1/25 and some classes still have space available for new students.

Suggested attire for Zoom classes: Comfortable clothes that are easy to move in and bare feet.

Required attire for outdoor events: Comfortable, season appropriate clothing, sneakers and a mask that securely covers the nose and mouth. COVID Waiver required for participation in outdoor events.

The **minimum age requirement** for all classes should be met by the first class meeting unless you receive prior authorization from instructor to register.

DANCE PERFORMANCE CLUB 234209-1 Ages 6-9

Ready, set, dance! Dance Performance Club is for young dancers who have had at least one year of dance training and are ready to step into the spotlight. We will be creating our own original production entitled *America the Beautiful* for our first-ever site-specific performance outside in our Dance Garden. All rehearsals and performances will take place outside, weather permitting. Students will be notified after registration regarding requirements for base costume pieces over which costume pieces provided by the studio will be layered. **Prerequisite:** Must be concurrently enrolled in a Ballet Theater Club or Jazz/Hip Hop Club during the Winter/Spring 2021 session.

Ballet Theater Club Student only

M 4:15pm-5:15pm/CC-DSLAWN

3 mtgs: 5/3 - 5/17

Jazz / Hip Hop Students only

Tu 4:15pm-5:15pm/CC-DSLAWN

3 mtgs: 5/3 - 5/23

R: \$80, NR: \$90

Instructor: Angella Foster

FACILITY CODE

**CC-DSLAWN= Community
Center Dance Garden**

For children 10+, more arts classes available
on pages 11-14.



Pre-Teen/Adult Programs

DANCE

Contact: Angella Foster, 240-542-2067
afoster@greenbeltmd.gov

Suggested attire for Zoom classes: Comfortable clothes that are easy to move in and bare feet.

Required attire for outdoor events: Comfortable, season appropriate clothing, sneakers and a mask that securely covers the nose and mouth. COVID Waiver required for participation in outdoor events.

The **minimum age requirement** for all classes should be met by the first class meeting unless you receive prior authorization from instructor to register.



DANCE PERFORMANCE CLUB 234210-1

Ages 9-17

This section of Dance Performance Club is for dancers ages 9-17 who have had at least one year of dance training and are ready to step into the spotlight. We will be creating our own original production entitled ***America the Beautiful*** for our first-ever site-specific performance outside in our Dance Garden. Weekly rehearsals will take place in the month of May between 4:15pm and 7:45pm on the same evening on which the student's current technique class meets. (Registered students will receive the details of their rehearsal schedule from their current dance instructor. All rehearsals and performances will take place outside, weather permitting. Students will be notified after registration regarding requirements for base costume pieces. **Prerequisite:** Must be concurrently enrolled in a weekly dance technique class during the Winter/Spring 2021 session. **All Students are required to be available for the following dates in order to register:**

Dress Rehearsals:

F 5/21, 4:30pm-7:30pm and Sa 5/22, 11:00am-1:30pm;

Performances:

Sa 5/22, 1:30pm-3:30pm and Su 5/23, 1:30pm-3:30pm.
(Rain Date: Sa 5/29, 1:30pm-3:30pm)

Weekly Rehearsals 5/3 - 5/20

Exact Times TBD/CC-DSLAWN

R: \$100, NR: \$120

Instructor: Angella Foster

VISUAL ARTS

Contact: Amanda Demos Larsen, 240-542-2062,
alarsen@greenbeltmd.gov

Many of the children's classes on pages 7-9 are available for adult registration as well. Participants in online classes will receive Zoom links by email. Materials provided will be available for contactless pick-up at the Greenbelt Community Center. Participants will be notified by email when materials are available to be picked up.

VISIBLE MENDING WORKSHOP SERIES 253202-1

Ages 9+

Do you have a shirt that needs a button replaced, jeans with tatty hems, or a teddy bear that needs some TLC? Learn the secrets to making minor repairs and get creative at the same time! Students will provide their own supplies based on materials suggestions by the instructor. Students should be able to thread a needle and tie a knot independently. Students may sign up for individual meetings.

253202-2 4/10 Buttons

253202-3 4/17 Pinhole repairs in sweaters

253202-4 4/24 Large repairs in sweaters

253202-5 5/1 Blue jeans hem repair

253202-6 5/8 Blue jeans patches

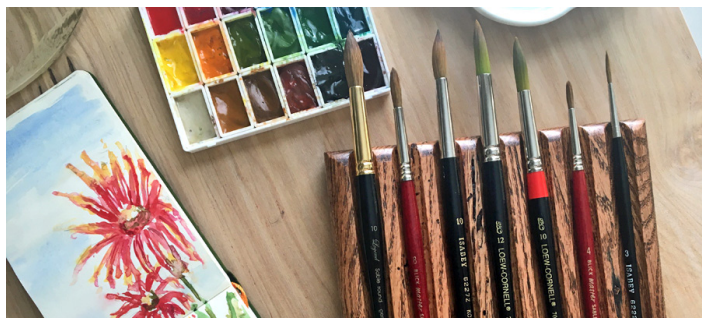
253202-7 5/15 Stuffed animal hospital

Sa 10:00am-11:00am; live on Zoom

6 mtgs: 4/10 - 5/15

Full Series: R: \$15, NR: \$20 Sections 2-7: R: \$5, NR: \$10

Instructor: Leah Cohen



WATERCOLOR PAINTING: EXPLORING THE MEDIUM THROUGH ART HISTORY

Ages 16+

Participants will learn traditional watercolor techniques and vocabulary while cultivating their creativity. This class is designed for beginners and experienced students alike. Instruction will be tailored to each student's level of experience. Students will supply their own materials, which should include: watercolor paints, watercolor paper and watercolor brushes.

253210-1 Tu 10:00am-12:00pm; live on Zoom

4 mtgs: 3/23 - 4/13

253210-2 Tu 7:00pm-9:00pm; live on Zoom

4 mtgs: 3/23 - 4/13

253210-3 Tu 10:00am-12:00pm; live on Zoom

4 mtgs: 4/27 - 5/18

253210-4 Tu 7:00pm-9:00pm; live on Zoom

4 mtgs: 4/27 - 5/18

R: \$25, NR: \$30 per section

Instructor: Racquel Keller

ACRYLIC PAINTING: LEARNING THROUGH THE MASTERS

Ages 16+

Taking 20th century paintings as a starting point, students will be led step-by-step through a series of projects designed to help build skills in this versatile and rewarding medium. Students will provide their own materials which should include: acrylic paints, brushes and painting canvases or a canvas pad.

M 7:00pm-9:00pm;

live on Zoom

253212-1

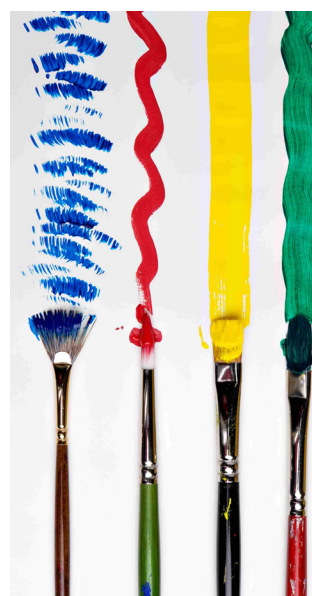
4 mtgs: 3/22 - 4/12

253212-2

4 mtgs: 4/26 - 5/17

R: \$25, NR: \$30 per section

Instructor: Racquel Keller



WATERCOLOR PEN WORKSHOP 253213-1

Ages 16+

Join us for a little fun and experimentation while we learn how to get the most out of our watercolor pens. Students may purchase watercolor pens, brush and watercolor paper from the studio for a \$25 materials fee or students may provide their own. Students will provide paper towels, a water cup, pencil and eraser.

F 6:30pm-8:30pm; live on Zoom

2 mtgs: 3/31 - 4/7

R: \$15, NR: \$20

Optional materials fee: \$25

Instructor: Racquel Keller

BOOKMAKING: JAPANESE STAB BINDING 253224-1

Ages 16+

Participants will make a stab-bound book, a binding technique frequently used for photo albums and scrapbooks. Students will learn how to glue book cloth and paper onto a book board, create a textblock, and attach the cover to the textblock. Students will receive book board, book cloth, paper, glue and other necessary materials. Students will need to provide a water container and a weight such as a wrapped brick or heavy book. Live on Zoom.

F 6:00pm-8:00pm; live on Zoom

2 mtgs: 4/16 - 4/23

R: \$40, NR: \$45

Instructor: Amanda Larsen

NEW: PORTRAIT WORKSHOP

16+

Learn the basics of portrait drawing with Amanda Larsen in this 2-hour workshop. Date and time TBA. [Sign up here](#) to receive more information as it becomes available.

ASSEMBLAGE WORKSHOP: SHADOW BOXES

253246-1

Ages 16+

Participants will create an intriguing 3-D shadow box assemblage. The instructor will guide you in composition, use of materials, how to choose colors to make images "pop", and technical construction of your art piece. Participants may provide copies of small photos, greeting cards, fabric, old letters, broken jewelry, and other small objects. Shadow box frames, paint, adhesives, balsa wood, specialty papers, images to collage, fabrics, scissors, drawing and painting implements, and a variety of small objects provided.

F 6:00pm-7:00pm; live on Zoom

2 mtgs: 4/23 - 4/30

R: \$40, NR: \$45

Instructor: Rachel Cross

THE SKETCHBOOK PROJECT*

Ages 8+

The most effective way to improve your drawing skills is to draw! This activity is suitable for all ages and skill levels. At the beginning of the session participants will receive a sketchbook and their choice of sketching pencil set, colored pencil set or art pen set and fill the sketchbook over the course of the session. Fill the sketchbook with whatever you want or follow the provided weekly drawing prompts. Join a Zoom meeting once a week for a drawing session. During this time the instructor will answer questions and provide encouragement. At some point in the future (when the Community Center is fully open again), students will be invited to display their sketchbooks for the public to enjoy. This is not a mandatory part of the class.*This title is borrowed from the Brooklyn Art Library. Learn more at brooklynartlibrary.org.

253333-1 Ages 8+

W 10:00am-11:00am; live on Zoom

9 mtgs: 3/31 - 5/26

R: \$35, NR: \$40

253333-2 Ages 16+

W 5:00pm-6:00pm; live on Zoom

9 mtgs: 3/31 - 5/26

R: \$35, NR: \$40

Instructor: Amanda Larsen

EMBROIDERY WORKSHOP: MARKET BAG WITH

RUSTIC CAT 243205-1

Ages 10+

Everyone needs a market bag with an energetically embroidered cat on it! In this workshop, we'll decorate the handles and add a fun pocket to a pre-made cotton bag. The cat is cut from wool felt and sewn to the pocket with assorted colors of floss- a great way to use up odds and ends! Students will choose from available colors for the pocket and the cat upon registration. Students should be able to thread a needle and tie a knot.

Th 7:00pm-8:00pm; live on Zoom

2 mtgs: 4/29 - 5/6

R: \$20, NR: \$25

Instructor: Leah Cohen

POLYMER CLAY JEWELRY 243216-1

Ages 12+

Learn how to make beautiful beads and jewelry components for earrings, bracelets and necklaces using polymer clay and a few simple tools. Techniques will include marbling, caning, using wire, metal bead cores and metal bezel cups. Jewelry construction such as color, texture and composition of pieces using wire, eye pins, cording and clasps will also be discussed. Students will receive Sculpey and jewelry clasps, magnets and other accessories. Students will provide a baking sheet and standard kitchen oven for firing their pieces. Pliers also recommended.

M 6:00pm-7:00pm; live on Zoom

4 mtgs: 4/26 - 5/17

R: \$35, NR: \$40

Instructor: Carol Petrucci

CERAMICS

Contact: Amanda Demos Larsen, 240-542-2062

alarsen@greenbeltmd.gov

Please review the ceramics program information on page 15. Participants in online classes will receive Zoom links by email. Materials provided by the studio will be available for contactless pick-up via the historic front entrance of the Greenbelt Community Center. Participants will be notified by email when materials are available to be picked up.

PRIVATE LESSONS



Our ceramics instructors are offering on-site private instruction to open studio participants. Pay for up to three lessons up front, and/or add lessons on during the session. More information on page 15.

Instructors offering private instruction:

Mary Gawlik: tile-making, glazing and surface decoration

Gina Denn: wheel, basic hand-building

Sandy Dwiggins: functional or sculptural hand-building

Karen Arrington: wheel, raku and woodfire prep

Chris Corson: sculpture, figurative sculpture

City of Greenbelt Arts Programs are sponsored in part by the Maryland-National Capital Park and Planning Commission and the Maryland State Arts Council. Thank you!



CERAMIC SCULPTURE

Ages 16+

This class is suitable for patrons who usually enroll in Level 2 Hand-building or who have completed Level 1 Hand-building. In this class, students will be encouraged to explore the creation of expressive forms in clay, whether representational or abstract. The sessions will involve instructor demos, discussing student projects, discussing techniques for forming clay and instilling content, and addressing questions or ideas that come up. Students will also be exposed to methods for building larger and more complex forms. It will be an important part of this class for students to send images of their work to the instructor before class, to facilitate discussion. Students may purchase clay from the studio, Soldate 60 recommended. Wareboards will be available on loan from the studio.

M 6:30pm-8:30pm; live on Zoom

8 mtgs: 3/22 - 5/10

Instructor: Chris Corson

253206-1 Includes open studio. COVID-19 waiver required.

R: \$80, NR: \$85

253206-2 No open studio. For students who have a space to work at home.

R: \$70, NR: \$75

Optional materials kit: \$15

Optional private lesson (section 1 only): \$45

Clay (as needed): \$23

CERAMICS OPEN STUDIO

Ages 16+

Students will be able to sign up online for a 2½ hour slot, at least once per week, to use one of the three ceramics rooms (hand-building room, wheel room or glaze room). Participants must have completed an in-person ceramics class prior to the shutdown. Students may sign up to work alone on a given day, or they may sign up with one buddy who is also enrolled in this program. Participants can sign up for about a month's worth of studio slots at a time through SignUp Genius; links will be emailed to all registered Open Studio participants close to the start of session.

M-Su 9:15am-5:15pm

11 weeks: 3/22 - 6/6

R: \$45, NR: \$50

253261-1 Wheel & glaze rooms

253261-2 Hand-building & glaze rooms

FIRING ONLY 253262-1

Ages 16+

This option is for students who are working from home and would like to drop off work to be fired at the studio. Participants must have previously completed an on-site ceramics class at the Greenbelt Community Center. No access to studio glazes is included with registration*, but students may purchase their own glazes, glaze at home and submit their glazed pieces for firing. Participants may submit up to three pieces per week (bisque and/or glaze). Wareboards will be available on loan from the studio.

*** Glaze room access may be available on an a la carte basis; write to alarsen@greenbeltmd.gov to be added to a contact list for notifications.**

Drop-off/pick-up: M 5:30pm-6:30pm

11 weeks: 3/22 - 6/7

R: \$35, NR: \$40

Optional materials kit: \$15

Clay (as needed): \$23

RAKU WORKSHOP 253267-1

Ages 16+

With roots in centuries-old Japan, Raku is a method of fast-firing ceramic art outdoors with beautiful and surprising results. Firing will take place outside of the Greenbelt Aquatic and Fitness Center. Enroll for multiple slots in the class in order to fire more work. Clay purchased separately. Students must be enrolled in Open Studio, Firing Only or another ceramics class in order to participate. Students with studio access will glaze their Raku pieces during one of their open studio timeslots. Students who do not have studio access will be able to schedule an outdoor glazing session on the first day of firing, 5/15, and then fire on 5/16.

Informational meeting:

Su 3/28, 1:00pm-2:00pm; live on Zoom

Glazing instruction:

Su 4/25, 1:00pm-2:00pm; live on Zoom

Firing: Sa 5/15 & Su 5/16, 10:00am-4:00pm;

GAFC grounds

R: \$30, NR: \$35

Instructor: Karen Arrington



WOODFIRE WORKSHOP

Ages 16+

The studio will be participating in woodfiring at Monocacy River Pottery in late May/early June. Details TBD. [Sign up here](#) if you are interested in receiving information as it becomes available.

BASIC CERAMIC HAND-BUILDING TECHNIQUES

Ages 16+

Suitable for beginners and people with some hand-building experience. Learn the basic skills - pinching, coil, and slab techniques for building decorative and functional ceramics. Make mugs, boxes, animals, vases, and other useful pieces. As the class progresses, we will evolve these techniques into more elaborate forms. Students can work at home or register for section 1 to schedule a weekly 2¼ hour open studio session. Students who register for section 1 must have previously taken a Greenbelt Recreation in-person ceramics class. It is recommended that students working from home purchase an optional materials kit for \$15. Students working from home will need to provide their own rolling pin or dowel for rolling slabs, and will purchase their own glazes. Wareboards will be available on loan from the studio.

W 6:30pm-8:00pm; live on Zoom

9 mtgs: 3/24 - 5/19

Instructor: Gina Mai Denn

253271-1 Includes open studio. COVID-19 waiver required.

R: \$80, NR: \$85

253271-2 No open studio. For students who have a space to work at home.

R: \$70, NR: \$75

Optional materials kit: \$15

Optional private lesson (section 1 only): \$45

Clay (as needed): \$23

LEVEL 2 CERAMIC HAND-BUILDING

Ages 16+

This class is for experienced hand-builders who have taken Level 1 Hand-building and feel comfortable with their ability to make slabs, use slip to join pieces of clay together, and form cylinders, boxes, and other basic ceramic forms. The instructor will demonstrate projects online. Students can work at home or register for section 1 to schedule a weekly 2¼ hour open studio session. Students who register for section 1 must have previously taken a Greenbelt Recreation in-person ceramics class. It is recommended that students working from home purchase an optional materials kit for \$15. Wareboards will be available on loan from the studio.

Tu 6:30pm-8:30pm; live on Zoom

6 mtgs: 3/23 - 4/27

Instructor: Sandra Dwiggin

253272-1 Includes open studio. COVID-19 waiver required.

R: \$60, NR: \$65

253272-2 No open studio. For students who have a space to work at home.

R: \$55, NR: \$60

Optional materials kit: \$15

Optional private lesson (section 1 only): \$45

Clay (as needed): \$23

POTTERY ON THE WHEEL

Ages 16+

For wheel students who are interested in building their skills. Students should have taken at least one wheel class prior to registration. The instructor will demonstrate over Zoom weekly and students registered for section 1 will have a scheduled weekly open studio time to practice (2 ¼ hours). For those with wheels at home, there will be time during the Zoom sessions to have the instructor watch you work and help with problems or just offer guidance. Work on basic forms, techniques, and fun projects. Wareboards will be available on loan from the studio.

Th 6:30pm-8:00pm; live on Zoom

9 mtgs: 3/25 - 5/20

Instructor: Karen Arrington

253283-1 Includes open studio. COVID-19 waiver required.

R: \$80, NR: \$85

253283-2 No open studio. For students who have a space to work at home.

R: \$70 NR: \$75

Optional materials kit: \$15

Optional private lesson (section 1 only): \$45

Clay (as needed): \$23



MUSIC

Contact: Chris Cherry, 240-542-2055
ccherry@greenbeltmd.gov

UKULELE STRUM-ALONG REPERTOIRE BUILDER

Ages 14+

Designed for intermediate players, these upbeat four-session mini-courses are for you! Sheet music will be e-mailed by the instructor before each class.

Tu 7:30pm-8:30pm, live on Zoom

R: \$36, NR: \$40 (per 4-week session)

Instructor: Rachel Cross

264242-1 Songs about Friendship 4 mtgs: 4/6 - 4/27

264242-2 Songs about Animals 4 mtgs: 5/4 - 5/25

264242-3 Songs from Musicals 4 mtgs: 6/8 - 6/29

GENERAL INFORMATION FOR ADULT SPRING CERAMICS PARTICIPANTS

Limited Ceramics Open Studio slots will be available this spring. Participants in open studio must have previously completed a Greenbelt Recreation in-person ceramics class or have permission from Beth Fendlay, bfendlay@greenbeltdmd.gov. Patrons who enroll in a class section that includes open studio, or who register for open studio as a stand-alone program, will be able to sign up for one, 2¼ hour time slot per week. Wheel students may select either the wheel room or the glaze room for a given day. Hand-building students may select either the hand-building room or the glaze room. Masks are required and ventilation units must be turned on. The rooms will be sanitized between uses. The studios are expected to be available daily between 9:15am-5:45pm; hours are subject to change.

A participant may sign up by themselves or with a buddy who is also enrolled in open studio or a class that includes open studio. A shared slot counts as the one weekly time slot guaranteed to each of the two participants. Those who sign up alone will have the space to themselves, apart from occasional pop-ins as needed by staff or participants working in another studio; a second person will not be able to sign up to share their slot.

In order to make sure the studio can accommodate all registered participants, programs including open studio have a low maximum enrollment; if your desired section no longer has room, please register for the waitlist.

ZOOM CLASS FORMAT

Classes meeting on Zoom will be designed to accommodate students working exclusively at home as well as those with open studio access at the Community Center. Approximately the first hour of class will be devoted to demonstrations, answering questions and looking at screen-shared photographs of student work in progress. The remaining class time will involve students working and receiving feedback. Students without a safe space to work at home may choose to stay on or to leave this portion of the meeting.

CLASS SUPPLEMENT: PRIVATE INSTRUCTION

Students who are enrolled in open studio or a class that includes open studio access may sign up for one or more private lessons at the Community Center with an instructor. See the class listings for availability. If you are registering online, select the optional private lesson fee during check-out. If you are registering by email, please note "private instruction" and the fee (\$45) on your registration form. If you would like to sign up for more than one lesson, select or indicate the number of lessons online or on your registration form. You may add lessons later in the session by contacting Ruth Campbell, rcampbell@greenbeltdmd.gov. The 1.75 hour lesson will take the place of your weekly open studio time, with 15 minutes on either end for set up and clean up.

GLAZE ACCESS

Open Studio participants will be able to sign up for the glaze room as their weekly studio slot. Participants who are registered for any program that does NOT include open studio may be able to book glaze room slots on an "a la carte" basis as available. Once registered, please email Amanda Larsen to be added to a contact list for notifications: alarsen@greenbeltdmd.gov.

PURCHASING CLAY

If you are registering online, select the optional supply fee during check-out. If you are registering by email, please note "clay" and the fee (\$23) on your registration form. Either way, please also email Beth Fendlay at bfendlay@greenbeltdmd.gov regarding your preferred type, from these options: Standard Brown 306; Standard White 239, Highwater Red Rock; or Highwater Little Loafers. Laguna Soldate 60 is recommended for Chris Corson's sculpture class students and is available to these participants only. Limit (all clays): one bag per participant at the time of registration. Subsequent purchases may be possible, depending on inventory and curriculum.

PICK-UP AND DROP-OFF

Contactless exchange of wares and supplies will take place at the Community Center west entrance (library side) on Mondays from 5:30pm-6:00pm. This schedule is subject to change. You may either wait outside the door, or text Jan Goldberg upon arrival at 202-329-1407; she will text you back when it's your turn to come up. Participants with open studio access can pick up clay and drop off and pick up wares on the third floor when you come in to work in the studio.

OPTIONAL MATERIALS KIT

Participants working from home will have the option of purchasing a materials kit that consists of: sponge, needle tool, wire tool, rubber rib, piece of canvas and a serrated metal rib (all to keep) plus a ware board (on loan). If you are registering online, select the optional supply kit fee during check-out. If you are registering by email, please note "supply kit" and the fee (\$15) on your registration form. Participants registered for Open Studio will have on-site use of the above items as part of the regular studio inventory.

HEALTH & FITNESS

Contact (unless otherwise noted):
Rebekah Sutfin, 240-542-2056
rsutfin@greenbeltmd.gov

TKA KARATE - TEEN/ADULT 252500-1 **Ages 13+**

Contact: Andrew Phelan, 240-542-2194,
aphelan@greenbeltmd.gov

Enhance your current martial arts skills and develop new skills while having fun with instructors from Tompkins Karate Association (TKA). The class offers instruction based in Tang Soo Do Korean karate. Accepting all experience levels, including beginner. All class participants must wear a mask/face covering and maintain physical distancing. Classes will be held outside on Braden Field Tennis Courts 7 & 8. If an on-site class session is cancelled due to weather or COVID-19 precautions, the class will be conducted via Zoom.

M 6:45pm-7:45pm

Braden Field Tennis Courts 7 & 8

10 mtgs: 3/29 - 6/7

R: \$60, NR: \$66



ARCHERY (TEEN/ADULT)

Ages 14+

Contact: Andrew Phelan, 240-542-2194,
aphelan@greenbeltmd.gov

Beginners learn proper safety, shooting techniques, scoring, eye dominance, alignment, and hand position. Intermediates refine alignment, release, and follow through using re-curve and compound bows. Advanced Level participants must have completed the Beginner and Intermediate Level, respectively, and must possess knowledge of range safety procedures, shooting technique, hand position, and stance. Sessions led by a certified USA Archery Level "3" coach/instructor. All equipment will be provided. All class participants must wear a mask/face covering and maintain physical distancing.

252602-1 Beginner Level

Th 5:30pm-6:15pm/BF-2

10 mtgs: 4/8 - 6/10

R: \$70, NR: \$80

252602-2 Intermediate Level

Th 6:30pm-7:15pm/BF-2

10 mtgs: 4/8 - 6/10

R: \$70, NR: \$80

252602-3 Advanced Level

Th 7:30pm-8:15pm/BF-2

10 mtgs: 4/8 - 6/10

R: \$70, NR: \$80



ZUMBA GOLD

Ages 16+

This energizing dance party is designed for the active older adult and/or anyone looking for the original moves you love at a lower-intensity. This fun workout incorporates the contagious Latin and international rhythms that is safe and effective for all ages with easy-to-follow choreography that focuses on cardio, balance, range of motion, and coordination. Join the FUN!! Wear comfortable clothing and shoes. Have access to water and a towel.

252402-1 Sa 9:00am-10:00am; live on Zoom

6 mtgs: 4/3 - 5/8

R: \$48, NR: \$58

252402-2 Sa 9:00am-10:00am; live on Zoom

6 mtgs: 5/15 - 6/19

R: \$48, NR: \$58

Instructor: Wanda Crawley-Pearson

ZUMBA TONING

Ages 16+

For those who want to party incorporating the contagious Latin and international rhythms, but put extra emphasis on toning and sculpting to define those muscles! The challenge of adding resistance by using Zumba® Toning Sticks (or light weights), helps you focus on a total body workout. Lightweight maraca-like Toning Sticks enhance sense of rhythm and coordination, while toning target zones, including arms, core and lower body. Join the FUN!! Wear comfortable clothing and shoes. Don't forget your water and a towel.

252404-1 Th 6:30pm-7:30pm; live on Zoom

6 mtgs: 4/1 - 5/6

R: \$48, NR: \$58

252404-2 Th 6:30pm-7:30pm; live on Zoom

6 mtgs: 5/13 - 6/17

R: \$48, NR: \$58

Instructor: Wanda Crawley-Pearson



YOGA & CORE CONDITIONING 252202-1

Ages 16+

Develop strength, flexibility, balance and a sense of well-being by combining yoga postures and breathing, mindful awareness and deep relaxation with toning and core strengthening movements. You will need a mat and may wish to have a strap, a blanket, yoga blocks and any props that you enjoy using. Please refrain from eating for 2 hours before class. For more information email laura.bonkosky@gmail.com. *Drop-ins are not permitted for this class.*

Th 6:30pm-7:45pm; live on Zoom

10 mtgs: 4/1 - 6/3

R: \$100, NR: \$110

Instructor: Laura Bonkosky

TAI CHI ALL LEVELS 252206-1

Ages 16+

Join us to explore the benefits of Wu, Sun, Chen and Yang styles of Tai Chi along with Qigong and Xingyi fundamentals. All levels welcome to laugh and learn!

Sa 9:00am-10:00am; live on Zoom

10 mtgs: 3/27 - 5/29

R: \$100, NR: \$110

Instructor: Taj Johnson

TAI CHI MASTERY- WUDANG NEIJIA 252206-2

Ages 16+

This class is for the serious student. Experience the higher levels of your practice. Learn the underlying principles, access your personal mastery of the Wudang Neijia Arts. Taiji, Xingyi, Bagua and Liuhebafa (aka water boxing) will be taught with choreography, corrections and adjustments. Learn the small details; and create your own book of "Master's Notes" from the group discussions and journal your personal adventures. Admission by instructor permission; a minimum of one recent year of previous practice in SkyValley Taiji classes is strongly recommended. Contact instructor at 888-448-7731 x1

Sa 10:15am-11:15am; live on Zoom

10 mtgs: 3/27 - 5/29

R: \$100, NR: \$110

Instructor: Taj Johnson

MIXED PILATES 252210-1

Ages 16+

A classic mixed level Pilates mat workout covering basic exercises for strengthening core muscles, and improving posture, balance and flexibility. Have access to a mat or blanket and a 10-pound sandbag or bag of rice as a foot weight.

M 6:45pm-7:45pm; live on Zoom

10 mtgs: 3/22 - 5/24

R: \$90, NR: \$100

Instructor: Catherine Turner

FUN YOGAMIX 252220-1

Ages 16+

A fun and gentle yoga mix of breathing, poses, meditation and laughter therapy. Please have access to a mat and a blanket for each class. Beginners are welcome; no experience necessary. For more information contact instructor at yogatina@yahoo.com. *Drop-ins are not permitted for this class.*

Th 6:00pm-7:00pm; live on Zoom

10 mtgs: 3/25 - 5/27

R: \$70, NR: \$80

Instructor: Tina McCloud

LUNCHTIME YOGA 252221-2

Ages 18+

This mixed level class includes a balanced practice of breathing practices, dynamic warm-ups, standing and floor yoga postures, meditative awareness and relaxation. You will need a mat, and you may wish to have a yoga strap, blocks, a blanket, or any other props you enjoy using. For more information, please contact laura.bonkosky@gmail.com, or visit www.laurabonkosky.com. *Drop-ins are not permitted for this class.*

Th 12:30pm-1:30pm; live on Zoom

10 mtgs: 4/1 - 6/3

R: \$85, NR: \$95

Instructor: Laura Bonkosky

MINDFUL MOVEMENT & YOGA NIDRA 252403-1

Ages 16+

This gentle yoga class will include slow flowing movement, yogic breathing practices, accessible yoga postures and a 35 minute yoga nidra practice. Please have a yoga mat, blankets, a pillow or bolster, a yoga strap or old necktie, and any other props you enjoy using. For more information, please contact laura.bonkosky@gmail.com, or visit www.laurabonkosky.com. *Drop-ins are not permitted for this class.*

W 6:30pm-7:45pm; live on Zoom

10 mtgs: 3/31 - 6/2

R: \$100, NR: \$110

Instructor: Laura Bonkosky





SMART CYCLING: CONFIDENT RIDING BASICS

Ages 16+

Contact: Alison Longworth, 240-542-2198, alongworth@greenbeltmd.gov

All courses will be led by a League of American Bicyclist Instructor. This is a blended learning course which combines an online session: Traffic Skills 101 and in-person basic riding drills. This course is for participants who are currently riding and would like to continue learning confident riding skills such as: starting and stopping, turning, weaving, and gradual braking. Helmet and bike required.

252611-1 Th 3/18; 5:30pm-7:30pm

R: \$35, NR: \$45

252611-2 Th 4/15; 5:30pm-7:30pm

R: \$35, NR: \$45

252611-3 Th 5/20; 5:30pm-7:30pm

R: \$35, NR: \$45

Live on Zoom and on-site class portion will meet at Beltway Plaza- Back Parking Area.

Instructor: Alison Longworth

SMART CYCLING: TRAFFIC SKILLS

Ages 16+

Contact: Alison Longworth, 240-542-2198, alongworth@greenbeltmd.gov

This course is a continuation from Confident Riding Basics, a prerequisite. An LCI instructor will facilitate advanced bike handling drills such as quick stop, rock dodge, and quick turn. Helmet and bike required.

252612-1 Sa 3/20; 10:00am-12:00pm

R: \$25, NR: \$35

252612-2 Sa 4/17; 10:00am-12:00pm

R: \$25, NR: \$35

252612-3 Sa 5/22; 10:00am-12:00pm

R: \$25, NR: \$35

Location: Meet at Beltway Plaza- Back Parking Area.

Instructor: Alison Longworth

SPECIAL INTEREST

Contact: Rebekah Sutfin, 240-542-2056
rsutfin@greenbeltmd.gov

INTERGENERATIONAL AGELESS GRACE

272219-1

Ages 3+

Join us for an Intergenerational Ageless Grace class; a class the whole family can enjoy together! Ageless Grace is timeless fitness for the body and brain consisting of 21 simple tools for lifelong comfort and ease. These fun and imaginative exercises focus on movement sequences that are natural and playful, practiced in a chair to engage the five functions of the brain and the core. Students always leave class with a huge smile on their faces. Participants need a sturdy chair that they can sit in with both feet on the ground. You will receive an email at least a week before the class begins with the access code for your class.

Tu 3:00pm-3:45pm; live on Zoom

11 mtgs: 3/23 - 6/1

R/NR: \$41

Instructor: Karen Haseley

AGELESS GRACE 272225-1

Ages 16+

Ageless Grace is timeless fitness for the body and brain consisting of 21 simple tools for lifelong comfort and ease. These fun and imaginative exercises focus on movement sequences that are natural and playful, practiced in a chair to engage the five functions of the brain and the core. Students always leave class with a huge smile on their faces. Participants need a sturdy chair that they can sit in with both feet on the ground. You will receive an email at least a week before the class begins with the access code for your class.

F 11:00am-12:00pm; live on Zoom

11 mtgs: 3/26 - 6/4

R/NR: \$55

Instructor: Karen Haseley





Greenbelt Aquatic & Fitness Center

101 Centerway, 301-397-2204
www.greenbeltmd.gov/GAFC

HOURS

Monday-Friday: 7:00am-5:00pm;
Saturday & Sunday: 8:00am-6:00pm

DAILY ADMISSION RATES

Online Reservation ONLY

Reservations can *ONLY* be made through the Greenbelt Recreation ReLink page for usage of Fitness Wing and Indoor Pool.

	Resident
Youth (1-13 yrs)	\$3.00 (Family Swim Times)
Young Adult (14-17 yrs)	\$3.00
Adult (18-59 yrs)	\$4.00
Senior (60+)	\$3.00

Current Pass Holders FREE (Fee Waived at Checkout)

RESERVATION SCHEDULE

DAYS	SES#	TIME	DESCRIPTION
Monday - Friday	1	7:00am to 7:45am	Lap/Water Walk
	2	8:45am to 9:30am	Lap/Water Walk
	3	10:30am to 11:15am	Lap/Water Walk
	4	12:15pm to 1:00pm	Lap/Water Walk
	5	2:00pm to 2:45pm	Lap/Water Walk
	6	3:45pm to 4:45pm	Lap/Water Walk
Saturdays	1	8:00am to 8:45am	Lap/Water Walk
	2	9:45am to 10:30am	Lap/Water Walk
	3	11:30am to 12:15pm	Lap/Water Walk
	4	1:15pm to 2:00pm	Lap/Water Walk
	5	3:00pm to 3:45pm	Lap/Water Walk
	6	4:45pm to 5:30pm	Lap/Water Walk
Sundays	CLOSED		

*Schedule subject to change.



INDOOR POOL

Lap Swimming and Water Walking

- Lap Swimming and Water Walking permitted
 - Monday-Friday: Sessions 1-6
 - Saturday: Sessions 1-6
 - Lap Swimming is defined as: traversing the length of the pool using a coordinated stroke for a sustained period. Lap swimmers must be able to swim from one end of the pool to the other without stopping or assistance.
 - Water Walking is defined as: continuous motion of the legs/arms to "jog in place" over a sustained period of time for exercise purposes.
- Lap lanes may only be used by one person at a time, and customers should rest at opposite ends of the pool.
- Although the indoor locker rooms and bathrooms will be open, customers should plan to "dip in and dip out," focusing their time at the facility on swimming. We suggest you take a cleansing shower before arriving and come dressed in your swim attire.
- Customers must bring all equipment (ex: kickboards, towels, goggles) they would like to use. No shared equipment will be available.
- Water fountains are available but you are encouraged to bring your own filled water bottle. Vending machines are unavailable.

EXITING PROCEDURES

- The lifeguard will give a 15-minute warning that the swim session is ending.
- Once your session is over, you will exit from the front entrance

FITNESS CENTER

- Ages 14 and older are permitted to use the Fitness Wing. Registration is limited to 2 people max per room. The Treadmill Room, Cycle Room and Weight Room will be available. The stretching area will remain closed. You are allowed to register to use 1 room per session.
- You are allowed 1 reservation per day. Reservations may not be made more than 2 weeks in advance. Access to the facility is still limited to current pass holders and Greenbelt residents.
- Reservations are still required in order to gain access to our facility and must be made at least 4 hours in advance. NO drop-ins or guests will be permitted at this time.
- A face covering is required to be worn at all times while in the Fitness Wing.
- To ensure the safety of our staff and patrons, we will be disinfecting all touch points and equipment regularly. We will close for an hour after each session to clean the facility.
- Vending machines will not be available and glass containers are prohibited.





FIRST AID & CPR

All classes will be led by an American Red Cross certified instructor. Participants must attend and participate in all course sessions, demonstrate competency in all required skills, and pass each section of the written exam with a score of 80 percent or better in order to receive certification.

FIRST AID/CPR/AED

Ages 13+

Learn to recognize and respond appropriately to cardiac, breathing, and first aid emergencies in adults, children, and infants. This course teaches skills, including CPR and the use of an AED, that participants need to know to give immediate care to a suddenly injured or ill person until more advanced medical personnel arrive and take over.

This class follows the Blended Learning format which combines online learning with an in-person skills session where participants will practice skills and demonstrate competency. Due to the online portion of this class, registration closes one week prior to start date. Class prices below include the \$27 certification fee charge for the American Red Cross online portion of the class.

You may register at <http://redcrosslearning.com/auth/login>. Once completed, you will be issued a certificate which you will need to bring to class. Participants MUST complete the online session of the training two (2) days prior to the classroom skills session.

PH: \$60, RNPH: \$68, NRNPH: \$75

257177-1 F 3/12; 4:00pm-6:00pm

257177-2 F 4/9; 4:00pm-6:00pm

257177-3 F 5/14; 4:00pm-6:00pm



LIFEGUARDING

All classes will be led by an American Red Cross certified instructor. Participants must attend and participate in all course sessions, demonstrate competency in all required skills, and pass each section of the written exam with a score of 80 percent or better in order to receive certification.

LIFEGUARDING PRE-TEST

Ages 15+

In order to qualify for the Lifeguarding class participants must complete all of the following: -Swim 300 yards continuously demonstrating breath control and rhythmic breathing -Tread water for 2 minutes using only the legs -Complete a timed event within 1 minute, 40 seconds (Starting in the water, swim 20 yards, Surface dive, feet-first or head-first, to a depth of 7 to 10 feet to retrieve a 10-pound object, Surface and swim 20 yards on back with both hands holding object, Exit the water without using a ladder or steps). Participants may drop in at any time during the scheduled times to complete the 10 to 20 minute test. Swim suits are required.

PH: \$5, RNPH: \$5, NRNPH: \$5

257180-1 F 2/5; 1:30pm-4:30pm

257180-2 Sa 2/6; 12:30pm-5:30pm

257180-3 F 2/12; 1:30pm-4:30pm

257180-4 Sa 2/13; 12:30pm-5:30pm

257180-5 F 3/5; 1:30pm-4:30pm

257180-6 Sa 3/6; 12:30pm-5:30pm

257180-7 F 3/12; 1:30pm-4:30pm

257180-8 Sa 3/13; 12:30pm-5:30pm

257180-9 F 4/2; 1:30pm-4:30pm

257180-10 Sa 4/3; 12:30pm-5:30pm

257180-11 F 4/9; 1:30pm-4:30pm

257180-12 Sa 4/10; 12:30pm-5:30pm

LIFEGUARDING

Ages 15+

The Lifeguarding program trains lifeguards to act with speed and confidence in emergency situations both in and out of the water. Topics include water rescue skills, surveillance and recognition, first aid, breathing and cardiac emergencies, CPR, AED and more. This class follows the Blended Learning format which combines online learning with an in-person skills session where participants will practice skills and demonstrate competency. Due to the online portion of this class, registration closes FIVE DAYS prior to start date. Class prices below include the \$40 certification fee charge for the American Red Cross online portion of the class. You may register at <http://redcrosslearning.com/auth/login>. Once completed, you will be issued a certificate which you will need to bring to class. Participants MUST complete the online session of the training two (2) days prior to the classroom skills session. Participants must pass Lifeguarding Pre-Test prior to registering.

PH: \$160, RNPH: \$176, NRNPH: \$200

257181-A2 Sa 9:00am-4:30pm

2 mtgs: 3/20 & 3/27

257181-A3 Sa 9:00am-4:30pm

2 mtgs: 4/17 & 4/24

REGISTRATION PROCEDURES

Registration forms will be accepted **beginning** on the registration dates listed below.

To provide equal opportunity to all registrants, **EARLY in-person, email, fax or mail-in registrations WILL NOT BE ACCEPTED.**

Resident Registration begins on February 22, 2021

Non-Resident Registration begins on March 1, 2021

Payments are accepted in the form of check, money order, and credit card.

COVID-19 WAIVER

- All onsite in-person classes require completion of the COVID-19 waiver.

ONLINE REGISTRATION

- Register online with ReLink. Online registration is available beginning at 12:00am on the registration dates (Greenbelt residents, February 22; non-residents, March 1).
- If you have registered for Greenbelt Recreation classes before but are new to ReLink, please contact Carrie Hannigan: channigan@greenbeltmd.gov or Cathy Pracht: cpracht@greenbeltmd.gov.
- If you are not a current Greenbelt Recreation customer, please call 301-397-2208 or 301-397-2200 to request an account. Please see information about residency below.

EMAIL & FAX REGISTRATION

- Fax and email registration will be accepted after 12:00am on the registration dates.
- Community Center, channigan@greenbeltmd.gov, fax: 301-220-0561.
- Youth Center, cpracht@greenbeltmd.gov, fax: 301-397-2203.

MAIL-IN REGISTRATION

- Mail-in registration will be accepted beginning on the registration dates.
- Greenbelt Recreation, 25 Crescent Road, Greenbelt, Maryland 20770

CITY RESIDENCY

Resident rates apply to those persons who reside in, pay taxes to and are eligible to vote in Greenbelt elections (if 16 years of age or older). Non-resident rates apply to those who live outside of Greenbelt or those who have a Greenbelt mailing address but do not pay taxes to the City. When registering for a class or conducting business as a Greenbelt resident, proof is required in the form of a state issued photo ID or current lease with a valid Greenbelt address.

CLASS CANCELLATIONS

Classes will not be held on the following dates: **May 31 – Memorial Day.** Please reference the individual course description for other scheduled class cancellations. If an individual class meeting is canceled, a make-up will be held at the end of the regularly scheduled course when possible. Pre-school and children's classes scheduled before 5:00pm will not meet on some P.G. County school holidays. When

Prince George's County Schools are closed or delayed due to inclement weather or emergency, please call Greenbelt Recreation's Weather & Information Hotline.

COURSE FEES

Please refer to the individual course description for current fees and pricing. A 10% discount will be given to any senior citizen 60 years of age or over registering for adult courses, with the exception of those courses designed specifically for senior citizens.

CREDITS/REFUNDS

If an activity is cancelled by Greenbelt Recreation, all enrolled patrons will receive a full credit or refund according to their preference. Under any other circumstances, the availability of a household credit or refund is not guaranteed regardless of the timing of the request. In order to be considered, requests must be received before 1/3 of the program in question has elapsed. Credit/refund request forms are available at the Community Center and Youth Center business offices. Approved credits and refunds are subject to a 10% (minimum \$2.50) processing fee and will be pro-rated to reflect the number of meetings attended by the participant.

INCLUSION

Inclusion is people with and without disabilities participating in recreation together! Greenbelt Recreation offers full and active participation for individuals with disabilities. We provide individuals with reasonable accommodations that will enhance their recreation experience. We help provide social, physical, educational, and cultural development for all individuals of all abilities. If you require inclusion services, please contact Rebekah Sutfin, rsutfin@greenbeltmd.gov or 240-542-2056.

CLASS SCHEDULE

Classes will begin on or after the week of March 22, 2021. Please see the course descriptions for exceptions and specific information pertaining to class meeting dates.

LOCATION CODES

BAP - Buddy Attick Park
 BF - Braden Field
 BFTC - Braden Field Tennis Courts
 CC - Greenbelt Community Center
 CC-DSLAWN - Greenbelt Community Center Dance Garden
 CC-GFE - Greenbelt Community Center Ground Floor East
 GAFC - Greenbelt Aquatic & Fitness Center
 GES - Greenbelt Elementary School
 GRHS - Green Ridge House
 SHLES - Springhill Lake Elementary School
 SHLRC - Springhill Lake Recreation Center
 SHP - Schrom Hills Park
 YC - Greenbelt Youth Center

WEATHER & INFORMATION HOTLINE:

301-474-0646

Call the weather and information hotline for updates on classes, programs and activities when there is inclement weather or another emergency

GREENBELT ACTIVITY REGISTRATION FORM

Greenbelt Recreation Activity Registration Form: Please email your completed form to: channigan@greenbeltmd.gov



Adult Participant or Parent/Guardian _____ Preferred Name _____

Address _____ ☐ Please check here if this is a new address

City _____ State _____ Zip _____

Phone: (day) _____ (eve) _____ E-Mail _____

Receipts are sent via e-mail whenever possible.

Emergency Contact: _____ Emergency Phone: _____

Do you need any special accommodations for any of the individuals listed below? YES ☐ NO ☐

If yes, please explain below and complete a Special Assistance Request form provided by Greenbelt Recreation or located at www.greenbeltmd.gov/recreation/special_assistance.

Participant's Name/ Preferred Name	Gender	Date of Birth	Activity Registration #	Activity Name	Activity Fee
Please make checks payable to: City of Greenbelt				TOTAL	

☐ Please charge my (please check): ☐ VISA ☐ MC ☐ AM EX ☐ DIS

Expiration Date: _____ Credit Card Number: _____ CVV#: _____

Signature: _____ Date: _____

INSURANCE: I hereby inform the City of Greenbelt and Greenbelt Recreation that I will assume any and all medical insurance coverage for the above named participant(s), and that said coverage shall be adequate to cover any and all possible accidents, illnesses or injuries to the above named participant(s) received during any phase of this program.

RELEASE: I hereby release and agree to hold harmless the City of Greenbelt and Greenbelt Recreation, its employees, volunteers, coaches and other participants from any act of commission or omission which may result in any personal injury, illness or property damage arising out of the above named participant's participation in this program. I further agree to save harmless the City of Greenbelt and Greenbelt Recreation, its employees, volunteers, coaches and other participants from all losses, costs and expenses (including attorney's fees and court costs), settlement payment (whether or not reduced final judgment) and all liabilities, damages and fines paid, incurred, or suffered by the City of Greenbelt and Greenbelt Recreation by reason of, or arising out of illnesses or injuries to persons (including death) or property damage caused by or attributed to the above named participant's participation in this program.

PHOTO/VIDEO RELEASE: Unless otherwise indicated in writing by participant or parent/guardian at the time of registration, photographs of participants may be taken while participating in the program activities for use in City of Greenbelt publications, social media or other advertising venues. In the case of minors, no personal information other than the participant's first name will be released. Online classes will be recorded for use by staff and registered participants.

CODE OF CONDUCT: I agree that I and/or the minors for whom I am responsible will abide by the Greenbelt Recreation Code of Conduct, online class policies, and all applicable facility rules.

X _____ **X** _____
Adult Participant or Guardian's Signature Date Additional Adult Participant's Signature Date

If more than one adult in the same household is signing up for an activity, both must sign the waiver.

COVID-19 WAIVER

[CLICK HERE
TO COMPLETE
FILLABLE PDF](#)

Assumption of Risk and Waiver of Liability Relating to Coronavirus/COVID-19 City of Greenbelt Program Registration and Facility Reservations

Coronavirus disease 2019 (COVID-19), has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious as is believed to spread mainly from person-to-person contact.

The City of Greenbelt has created new protocols and put in place preventative measures to reduce the spread of COVID-19; however, the City cannot guarantee that you will not become infected with COVID-19. Further, attending any program may increase your risk of contracting COVID-19, and may increase the risk of transmitting COVID-19 to others.

.....
By signing this agreement I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that I, my minor child, or members of my group or organization, may be exposed to or infected by COVID-19 by participating in an event, program, activity, reservation or rental taking place at a City of Greenbelt recreation facility or park, and that such exposure or infection may result in personal injury, illness, permanent disability, or death. I understand that the risk of becoming exposed to or infected by COVID-19 at a City of Greenbelt recreation facility or park may result from the actions, omissions, or negligence of myself and others, including, but not limited to, City employees, volunteers, and other participants and their families.

I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to myself, my child, or members of my group or organization, including, but not limited to, personal injury, disability, or death, illness, damage, loss, claim, liability, or expense, of any kind, that they or I may experience or incur in connection with participation in any event, program, activity, reservation or rental taking place at a City Recreation and Parks facility. I hereby release, covenant not to sue, discharge, and hold harmless the City of Greenbelt, its employees, agents, and representatives, of and from any claims related to COVID-19, including all liabilities, claims, actions, damages, costs or expenses of any kind arising out of or relating thereto. I further agree to indemnify and hold harmless the City of Greenbelt and its employees, agents, and representatives from any claim that may arise from or in connection with my or members of my group or organization's participation in any program taking place at a City of Greenbelt Recreation and Parks facility, including claims related to COVID-19.

I understand and agree that this release includes any claims based on the actions, omissions, or negligence of the City, its employees, agents, and representatives, whether a COVID-19 infection occurs before, during, or after participation in any City of Greenbelt Recreation and Parks program. I agree to comply with any participation guidelines, such as the use of face coverings and physical distancing, to enhance the health and safety of all participants.

Adult Participant or Guardian Signature

Organization Name (if applicable)

Financial Assistance- Recreation Programs (Greenbelt Residents Only)

Contact: Rebekah Sutfin, rsutfin@greenbeltmd.gov, 240-542-2056

Financial Assistance for Greenbelt Recreation Programs

The City of Greenbelt, an inclusive community, recognizes the fact that some residents may require financial assistance in order to participate in certain recreational activities offered through Greenbelt Recreation. As a result, the Financial Assistance program was designed to assist eligible individuals and families to participate in our programs at a reduced fee. Only Greenbelt residents can apply. Proof of Greenbelt residency is required.

The Financial Assistance Application will determine your eligibility for assistance. Regardless of your income, there are opportunities to participate.

Please apply online at greenbeltmd.gov/recreation or pick up an application in any Recreation facility.

A completed application and proper documentation are required for consideration.

Mary Purcell Geiger Scholarship Fund

Arts and Senior Programs:

The Mary Purcell Geiger Scholarship Fund provides support for Greenbelt residents of any age who are interested in participating in Greenbelt Recreation visual arts, performing arts and senior programs. Assistance is available on a limited basis according to need. Individuals who have not received scholarship assistance during the current program year (July through June) will be given priority status in the awarding of support. Otherwise, assistance will be offered on a first-come, first-served basis.

Please note: Funds cannot be applied to the cost of Prince George's Community College (SAGE) classes, camps, courses offered by independent individuals and organizations, or Greenbelt Recreation programs costing less than the minimum required patron contribution. Applications are available at the Greenbelt Community Center.

Greenbelt Recreation

GREENBELT CITY COUNCIL

Colin Byrd, Mayor, Emmett V. Jordan, Mayor Pro-Tem, Judith "J" Davis, Leta M. Mach, Silke I. Pope, Edward V.J. Putens, Rodney M. Roberts

CITY MANAGER

Nicole Ard

GREENBELT CITY COUNCIL ADVISORY GROUPS

Contact Bonita Anderson, City Clerk at 301-474-3870. Boards affiliated with Greenbelt Recreation include: Arts Advisory Board, Senior Citizens Advisory Committee, Park and Recreation Advisory Board and Youth Advisory Committee.

GREENBELT RECREATION ADMINISTRATIVE OFFICE, 99 Centerway, 301-397-2200

Greg Varda, CPRP, Director of Recreation
Cathy Pracht, Administrative Coordinator

GREENBELT AQUATIC AND FITNESS CENTER

101 Centerway, 301-397-2204

Stephen Parks, AFO, Aquatics Supervisor
Cynthia Brown, AFO, Aquatics Coordinator
Caroline Soter, Administrative Assistant

SPRINGHILL LAKE RECREATION CENTER

6101 Cherrywood Lane, 301-397-2212

Brian Butler, Recreation Coordinator II
Frank Jones, III, Recreation Coordinator

YOUTH CENTER, 99 Centerway, 301-397-2200

Anne Oudemans, CPRP, Recreation Supervisor
Andrew Phelan, CPRP, Sports & Recreation Coordinator II/
RecTrac Administrator
Alison Longworth, CPRP, Recreation Coordinator II

GREENBELT COMMUNITY CENTER

15 Crescent Road, 301-397-2208

Di Quynn Reno, CPRP, Community Center Supervisor
Chris Cherry, Performing Arts Program Coordinator II
Ruth Campbell, Administrative Assistant
Carrie Hannigan, Administrative Assistant

ARTS PROGRAMS, 15 Crescent Road, 240-542-2057

Nicole DeWald, Arts Supervisor

THERAPEUTIC RECREATION PROGRAMS

SENIOR & INCLUSION PROGRAMS

15 Crescent Road, 240-542-2056

Rebekah Sutfin, CPRP, Therapeutic Recreation Supervisor

SCHROM HILLS PARK

6915 Hanover Parkway, 301-397-2200

CLUBS AND CONTACTS

alight dance theater

www.alightdancetheater.org

Astronomical Society of Greenbelt

Martha Gay, 301-474-3305

Boy Scout Troop 746,

Lenny Wertz, 301-864-0254

Boys to Men Mentoring Network of Greater Washington

Walter Augustine,
waugustine@eicorp.net

Center for Dynamic Community Governance, Inc

Aileen Kroll, 202-644-1129

Chesapeake Education, Arts and

Research Society (CHEARS), Carolyn

Lambright-Davis, lambrightdavis@yahoo.com, 301-977-2312,
www.chears.org

Citizens to Conserve and Restore Indian

Creek Lutz Rastaetter, 301-286-1085

County Informational & Referral Services for the Aging, 301-265-8450

Cub Scout Pack 202

Candice Shipp, 301-775-5152
GreenbeltCubScoutsPack202@yahoo.com

Eleanor and Franklin Roosevelt

Democratic Club,

www.rooseveltclub.com

Friends of the Greenbelt Library

Joyce Griffin, President,
240-508-9162

Friends of the Greenbelt Museum

Megan Searing -Young, 301-507-6582

Friends of Greenbelt Theatre, Caitlin

McGrath, hello@greenbelttheatre.org,
301-329-2034

Friends of New Deal Café Arts

LeAnn Irwin, paxirwin@yahoo.com

Friends of the Resource Advocate

Kris White, 301-474-4285

The GEMZ, Adeola Ariyo,

adeola@makemeagem.org,
301-437-8828

Greenbelt Access Television (GATe)

Phoebe McFarb, 301-507-6581

Greenbelt American Legion Post 136

Steven Messer, 301-345-0136

Greenbelt Animal Shelter

240-508-7533

Greenbelt Arts Center, 301-441-8770

www.greenbeltartscenter.org

Greenbelt Association for the Visual Arts

Ingrid Cowan Hass,
ingridcowanhass@larkov.de

Greenbelt Babe Ruth

Ian Gleason, 240-305-7458
ianerhs@terpmail.umd.edu

Greenbelt Boys & Girls Club

www.greenbeltbgc.org

Greenbelt Branch, P. G. County Library

301-345-5800

Greenbelt CARES, 301-345-6660

Greenbelt CERT (Citizen Emergency ResponseTeam), Ken Theodos

greenbeltcert@gmail.com

Greenbelt Community Development

Corp. www.greenbeltcdc.org

Greenbelt Community Foundation

info@greenbeltfoundation.org,
240-745-4641

Greenbelt Concert Band, Brass Choir and Wind Ensemble,

Eli Zimet, zimete@verizon.net,
301-977-2312

Greenbelt Connection, 301-474-4100

Greenbelt Dog Park Assoc.

Marjorie Whitacre, 301-345-3791

Greenbelt Farmers Market

info@greenbeltfarmersmarket.org

Greenbelt Girl Scouts

Lori Davis, 1-800-834-17029,
www.gscnc.org

Greenbelt Golden Age Club

greenbeltgoldenageclub@gmail.com

Greenbelt Homeschoolers

L'il Dan, dceldran@hotmail.com,
240-645-3768

Greenbelt Intergenerational Volunteer Exchange Service (GIVES), Carol Drees,

gives@gmail.com, 301-507-6580

Greenbelt Labor Day Festival

Committee

Linda Ivy, 301-675-0585

Greenbelt Lions Club

Harvey Hauptman, 301-908-5582

Greenbelt Mamas and Papas

Alyssa Sickel, 410-615-1402

Greenbelt Municipal Swim Team

www.greenbeltswimteam.com

Greenbelt Museum, 301-507-6582 or

301-474-1936

Greenbelt National Park and

Campground, 301-344-3948

Greenbelt Pottery Group

Debra Suarez, debra.suarez@gmail.com (class/studio information:
240-542-2060)

Greenbelt Pride

Andrea Waters, 301-982-1881

Greenbelt Rotary Club

Louis Pope 301-441-1100

Greenbelt Senior Softball

George Harrison, 301-538-3636

Greenbelt Soccer Alliance

David Whiteman, 240-391-8598
www.greenbeltsoccer.org

Greenbelt Tennis Association

Valerie Pierce, 301-802-4336
valpierce@verizon.net

Greenbelt Toastmasters

greenbelt.toastmastersclubs.org
240-542-8625

Greenbelt Volksmarchers

Yvonne Pennington, 301-431-6668

Greenbelt Writers Group

Barbara Ford, 301-441-8241

Greenbelt Youth Baseball

www.gyblittleleague.org

Greenbelt Youth Double Dutch City Stars

Kim Bradshaw, 301-503-6962

Greenbriar Community Center,

301-441-1096

Green Ridge House, 301-474-7595

Hunting Ridge Community Center

301-345-1777

Maryland-National Capital Park and

Planning Commission, 301-699-2255

Maryland 4-H Youth Development,

Karna Thompson, 301-868-9366

Miss Greenbelt Scholarship Organization

Devin Fendlay, 240- 838-9996
devinfendlay@hotmail.com

Patuxent Widowed Persons Service

Heike Nyland, heikenylan@msn.com

Potomac Pedalers Touring Club

Bill Clarke, 301-474-7280

Transit Riders United of Greenbelt (Tru-G)

Stephen Holland, 240-485-4793

Well-Wishers for the Animals of the

Greenbelt Shelter (WAGS),

Michele Touchet, 301-602-8502

Windsor Green Community Center,

301-345-4837



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